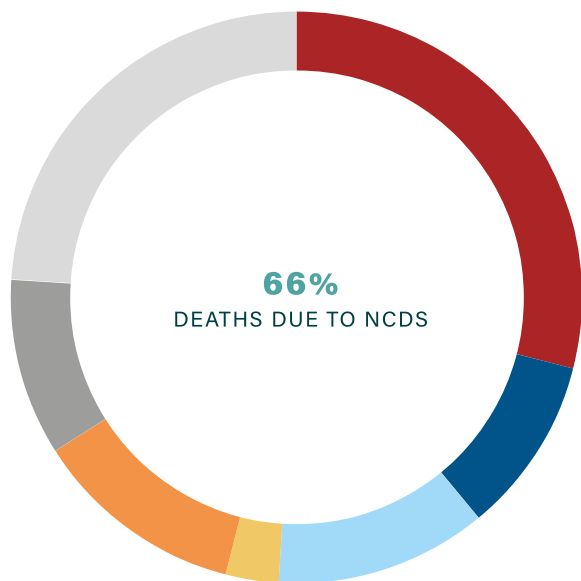


TOTAL POPULATION (2022)	1,417,174,000	WORLD BANK INCOME GROUP	LOWER MIDDLE
POPULATION AGED <20 (%)	34	GROSS DOMESTIC PRODUCT per capita (INT\$)	6,525
POPULATION AGED >60 (%)	10		

NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 3,218,129,877
INT\$ 10,839,391,054



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 35,399,428,644
INT\$ 119,233,301,598

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY





○ no ● yes

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 NATIONAL POLICY ON WALKING AND CYCLING <input type="radio"/>	 NATIONAL POLICY ON PUBLIC TRANSPORT <input checked="" type="radio"/>
 NATIONAL ROAD SAFETY STRATEGY <input checked="" type="radio"/>	 LEGISLATION ON: <ul style="list-style-type: none"> ▪ speed limits <input checked="" type="radio"/> ▪ driving and alcohol use <input checked="" type="radio"/> ▪ driving and drug use <input checked="" type="radio"/> ▪ driving and mobile phone use <input checked="" type="radio"/>
 STREET DESIGN STANDARDS FOR: <ul style="list-style-type: none"> ▪ separate walking and cycling infrastructure <input checked="" type="radio"/> ▪ safe pedestrian and cycling crossings <input checked="" type="radio"/> ▪ management of speed <input checked="" type="radio"/> 	

no yes yes and best practice not available

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 PROMOTION OF PHYSICAL ACTIVITY: <ul style="list-style-type: none"> ▪ in workplaces <input checked="" type="radio"/> ▪ in childcare settings <input checked="" type="radio"/> ▪ through community sports <input checked="" type="radio"/> ▪ in public open spaces <input checked="" type="radio"/> ▪ through walking and cycling <input checked="" type="radio"/> ▪ for older adults <input checked="" type="radio"/> ▪ for people with disability <input type="radio"/> NOT AVAILABLE 	 BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH <ul style="list-style-type: none"> ▪ with referral <input checked="" type="radio"/> ▪ used in >50% of facilities <input checked="" type="radio"/>
	 USE OF DIGITAL PROGRAMMES <ul style="list-style-type: none"> ▪ mHealth for NCD prevention <input checked="" type="radio"/>
	 SCHOOL BASED APPROCHES: <ul style="list-style-type: none"> ▪ quality physical education <input type="radio"/> NOT AVAILABLE

no yes

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

 NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY <input checked="" type="radio"/>	 NATIONAL PHYSICAL ACTIVITY POLICY <input checked="" type="radio"/>
<p> <input type="radio"/> no <input checked="" type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational </p>	
 NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR: <ul style="list-style-type: none"> ▪ children under 5 years <input type="radio"/> ▪ children and adolescents <input checked="" type="radio"/> ▪ adults <input checked="" type="radio"/> ▪ older adults <input checked="" type="radio"/> 	 NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN: <ul style="list-style-type: none"> ▪ children <input type="radio"/> ▪ adolescents <input checked="" type="radio"/> ▪ adults <input checked="" type="radio"/>
 NATIONAL NCD COORDINATING MECHANISM <input checked="" type="radio"/>	 NATIONAL TARGET FOR PHYSICAL ACTIVITY <input checked="" type="radio"/>
<p> <input type="radio"/> no <input checked="" type="radio"/> yes </p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.
 World Health Organization. (2018). Global status report on road safety 2018.